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#### **Upcoming Events and Activities: Impact Hub New York City!**

1 message

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## **Happy Tuesday, Impact Hub Community!**

Thanks for another awesome week at the hub! Look out below for some updates, events, and opportunities to connect. Looking forward to seeing you soon!

Recent highlights you may have missed!



Kripa Aryal Moore, Founder of Moral Florals, launched flower sales at the hub!



Everyone worked so hard!



Verbal+Visual hosted an informative event on "Sustainable Retail: What, How, and Why!" Read more about the event or watch the recorded livestream!



Brett (Co-founder of <u>Decision Fish</u>), Asingia (Founder of <u>Dream Galaxy</u>), and Alexa (Founder of <u>Lele Bombe</u>) pondered global social impact through enterprise!



New York startups made us proud every day!



Lloyd Cambridge, Founder of <u>Progress Playbook</u>, hosted a workshop on building your NYC startup movement!



James Jennings (Founder of <u>49th Hour Workshop</u>) put in serious weekend power-hours at the hub!



Brett Whysel, Co-Founder of Decision Fish, led a financial wellness workshop at the hub.



Asingia hosted Dream Galaxy Panel and Film Screening.

# **Upcoming Activities & Events!**

# Flowers for sale everyday at the hub!



Moral Florals sells flowers from Fair Trade Farms because of their life-changing potential. Every purchase of Fair Trade flowers makes a difference.

A Fair Trade Certified farm provides their workers (who are mostly women) with safe working conditions and a fair living wage. In addition, Fair Trade farms follow environmentally friendly growing practices and in return the floral industry pays a fair price for the flowers produced.

Flowers are for sale everyday at the hub. Drop on by during business hours M-F and pick out your flowers!



## April 11th (Wednesday, 6:00pm-7:30pm)

# **UNPLASTIFY: An Exploration Adventure Register**

We are crazy about plastic waste and we are embarking on a sailing adventure to better understand our relationship with plastic, starting where the issue seems more serious, the ocean. Join us to learn more about #unplastify, to re-think our relationship with plastic, and to explore together circular economy solutions and alternatives. Lets unplastify the world!

Snacks and drinks provided! Hope to see you there!

Learn more about **Unplastify** 



## April 14th (Saturday, 1:00pm-4:00pm)

**Insights for the Journey with Fred Laloux Register** 



Since being published four years ago, Frederic Laloux's *Reinventing Organizations* has sold over 330,000 copies, been printed in close to 20 languages, and helped spark a global movement to evolve the way we work. Hundreds, if not thousands, of organizations have started a bold journey of reinvention.

In that time, Frederic has had the opportunity to speak with many leaders and participants of those journeys. Now, Frederic is preparing to launch his next project: Insights for the Journey - a video series with lessons learned from organizations making the leap to next-stage management practices.

We are honored to host Frederic as he begins to share this next phase of his work with the world. We'll ask Frederic about his perspective on the "reinvention" movement, what he has learned since the book came out, and what's up with moving to an ecovillage in upstate New York...

Frederic rarely gives interviews or travels to speak, so be sure to join us for this very special and exciting occasion. If you're in the NY area we encourage you to join us live at the Impact Hub. If attending in person is not possible we invite you to join the global community who will be tuning in via <a href="Zoom">Zoom</a>. (To register for the live-stream please select the livestream ticket option at checkout.)

## April 16th (Monday, 12:15pm-2:00pm)

## **Oh Sweet Vegan!**

Oh Sweet Vegan will be serving up some delicious vegan food every Monday. Come to the hub to get in on the healthy eats. Lunch and smoothies will be available for sale!

This week we had vegan cheese steaks and berry smoothies - so good, and so good for us!



## April 16th (Monday, 7:00pm - 9:00pm)

# Special Evening w/ FeelGood and the Hunger Project Register

In celebration of Earth Week, join FeelGood (one of the Impact Hub New York City's "Cohort 30 for 30" organizations) as they host an evening exploring the connection between extreme poverty and climate change. FeelGood, led by their new Executive Director Maritza Mejia-Wilson, will be cooking up grilled cheese in exchange for a small donation (\$5), with all proceeds going to the Commitment 2030 Fund (FeelGood's coalition of non-profit organizations who are working to collectively fulfill the UN's 17 Sustainable Development Goals).

One of FeelGood's C2030 Fund partners, The Hunger Project, will be present to share about their work and the way environmental stewardship (SDG goals 11-15) show up in

their work around ending chronic, persistent hunger (goals 1-2) through gender-focused, community-led development.























**April 17th (Tuesday, 6:30pm-7:45pm)** 

**Nonverbal Networking** 

Register



Are you aware of how you show up in a room full of people? Do you know how much networking happens before you even open your mouth? Whether you love it or dread it, networking is essential to business success—yet we rely so much on electronic communication that we've lost the art of face-to-face communication. Sure, you're connected... but are you really connecting?

\*\*\*Ninety percent of human communication is non-verbal—your words account for only 10% of your communication.

In this workshop, organized by Lara Darvie, you'll learn:

- A new tool to become conscious of your body and the energy you radiate
- How to connect instantly with others
- To set and respect clear, healthy boundaries at work and in life

This is an interactive session—you'll learn and practice the exercises and leave with new tools you can put into practice immediately.

\*\*Affordable delicious Food (including vegan options) will be for sale for your convenience!

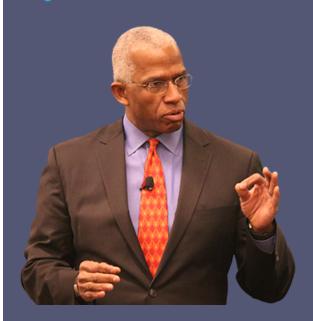
#### More about Lara:

Lara Darvie is an entrepreneur, speaker, and facilitator. As the founder of three start-ups and a consultant to Fortune 500 companies, she has experienced "the good, the bad, and the ugly" of leadership. Lara uses a variety of experiential tools to help professionals achieve the highest level of self-mastery. Find her at horsepoweredteams.com/about/

May 2nd (Wednesday, 6:00pm-7:30pm)

#### MAKE THE PERFECT BUSINESS PITCH

#### <u>Register Here</u>



Have you ever struggled with pitching your business? If so, this workshop is for you.

In this compelling workshop, keynote speaker and executive coach Gerry Valentine will unlock the secrets of great communication—how to stand in front of any audience and deliver your message when it counts.

You will learn:

- How to craft a compelling message.
- · The fundamentals of great public speaking.
- How to look confident and composed at all times.
- The small details that make a big difference when stakes are high.
- How to deliver presentations that get results.

#### About the instructor:

Gerry Valentine is a keynote speaker and founder of Vision Executive Coaching. He advises entrepreneurs, corporate executives, and business leaders on a variety of topics—including public speaking and communication, business planning and leadership, building resilience, and stepping up to new opportunities. Before launching his company, Gerry enjoyed a long and successful career with some of the world's most respected firms—companies like American Express and Pfizer—where he led multi-million dollar lines of business. Gerry holds a B.S from Cornell University, and an M.B.A. from New York University. Gerry has also taught executive leadership at Colorado State University, and he has been a TEDx Speaker. Watch Gerry inspire audiences at: <a href="https://gerryvalentine.com/public-speaking/">https://gerryvalentine.com/public-speaking/</a>

May 30th (6:30pm - 7:30pm)

### **Biomimicry and Innovation Talk**

Lisa Dokken will be coming to Impact Hub New York City to talk to our community about the importance of biomimicry for social innovation. Don't miss the chance to learn about this fascinating way to design sustainable and regenerative systems and solutions for impact! This event will be open to all in our community. Registration details coming soon.

Lisa holds one of the first masters in science in Biomimicry from Arizona State University and is a Certified Biomimicry Professional. Lisa lectures on biomimicry and nature based solutions at The Earth Institute, Columbia University, as well as Bard College's MBA in Sustainability program. Prior to her diving head first into biomimicry, Lisa worked in sustainable development for the United Nations Development Programme and the Clinton Climate Initiative in Asia, Latin America and Africa.



#### Two-day training!

Later in June, Biomimicry 3.8 and Biomimicry for Social Innovation are bringing their highly popular Biomimicry for Social Innovation training experience to New York City. Explore lessons from healthy, evolving ecosystems and learn how to apply this ecosystem intelligence to organizational and social innovation efforts during this one-of-a-kind professional training experience. From a homebase of the New York Botanical Gardens, workshop activities will vary from lecture time to hands on activities to fields trips that explore Pelham Bay Park, New York City's largest park.

Think Like an Ecosystem: Biomimicry for Social Innovation training runs June 12-14, in New York City. A two-day extension training for anyone hoping to work on a particular challenge, Biomimicry for Social Innovation Design Workshop, will run June 15-16. Regular registration ends April 15. Learn More



## **Events by our partners!**

## April 18th (Wednesday, 12:00pm - 4:00pm)

TrustLaw's legal education workshop for non-profits and social enterprises!

#### Register here

Do you know what legal questions should be at the top of your organization's to-do list? Don't wait for a problem or dispute to arise before taking action – ensure that you are properly protected now!

Join <u>TrustLaw</u> – the global pro bono service of the Thomson Reuters Foundation – and lawyers from <u>JPMorgan Chase</u> and <u>Latham & Watkins</u> for a free workshop in New York to help you identify top legal priorities for the year ahead. Topics discussed will include corporate governance, commercial contracts, intellectual property, data protection, social finance and fundraising.

Through this interactive session, participants will learn about common legal issues faced by social impact organizations and will work with a qualified lawyer to walk through the **TrustLaw Legal Health Check**, a unique online tool designed for NGOs and social enterprises to help them identify key legal issues. Following the workshop, participants will be given the opportunity to submit requests to gain pro bono legal assistance through TrustLaw.

Lunch and refreshments will be provided. **RSVP** now to secure your place!



We are proud supporters of change-makers tackling the 2030 Sustainable Development Goals!





Get involved, get support, sponsor an event, mentor or volunteer!

Contact: <a href="mailto:cohort30for30@gmail.com">cohort30for30@gmail.com</a>

# Book our space for your next event!

Contact: host@impacthubnyc.com











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