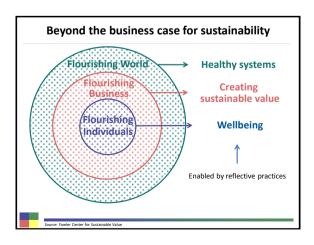


New research from the Fowler Center

- 1. Sustainability needs to be re-framed as flourishing¹
- Spiritual experience, "the basic feeling of being connected with one's complete self, others, and the entire universe²", is essential to individual flourishing
- 3. Reflective practices that enable spiritual experience can help individuals to habitually incorporate *care* for others and for future generations.

¹Ehrenfeld, J. (2008) *Sustainability by Design*. Yale University Press ²Mitroff, I and E. Denton (2009) "A Study of Spirituality in the Workplace", Sloan Management Review

Continuity and Survival? Prosperity and Flourishing?



Individual Practices	Team and Organizational Practices	
Meditation	Unity Building	
Mindful Action & Flow	Meta-Skills Wheel	
lournaling	Values Management	
Music, poetry, art, literature		
Remembrance	System Practices	
Transformational Problem Solving	System Immersion	
Highest Goal Exercise	W-Holistic Appreciative Inquiry	
Exercises @ Stanford Creativity Course		
Spiritual Intelligence		

If prosperity & flourishing is the goal of business

THEN

We need a <u>different approach</u> to managing change, one that produces

- 1. Thriving, not only surviving
- 2. Whole system health, not only company profit
- 3. Collaboration, not only top-down leadership
- 4. "Heretical" innovation, not only incremental
- 5. Positive solutions, not only doing less harm
- 6. Social inclusion, not only serving the well-off

Why we think and act the way we do

- Mental models are the "deeply held internal images of how the world works, images that limit us to familiar ways of thinking and acting"
 - Which ones do we hold today?
 - Which ones might enable flourishing?

¹Senge, Peter (1990), *The Fifth Discipline* NY: Doubleday Currency

Mental models in management

DOMINANT

Humans are self-interested utility maximizers

The sole purpose of business is profit

Economic growth and technological progress are principle goals for society

Nature's resources exist for human consumption

Foundations in science and spirituality

- To understand why we hold our mental models and to develop the capacity to change them – we can turn to science and spirituality
- They reveal our deeper assumptions about the nature of reality.



Science on the nature of reality

OLD VIEW

Physical reality is atomistic.
Objects are independent.
People are individual and
separate.

Physical processes are deterministic, materialistic, based on linear causality.

Humanity is above and beyond nature

EMERGENT VIEW

Physical reality is integral and interconnected. Objects and people are interlinked in systems.

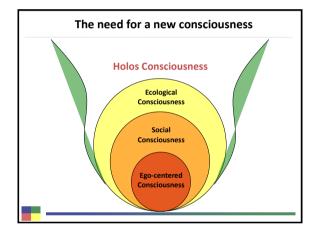
Physical processes are organic, interwoven, and coherent.

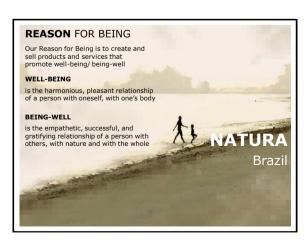
Humanity is an organic part of the web of life

Spirituality on the nature of reality

- · Evolving biblical positions
 - Then God said, "Let us make man in our image, after our likeness. And let them have dominion over [all creatures]" Genesis 1:26
 - Notion of stewardship and care. St. Francis of Assisi
 - A spiritual democracy of all God's creatures. Lynn White Jr.
- · Perennial spiritual insights
 - The divinely ordered creation. Zoroastrian, aša
 - Hidden mystical dimension. Kabbalah, Ein-Sof
 - One source of manifest reality. Vedanta, Brahma/Akasha
 - The source and driving force of all that exists. Chinese, Tao







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- Take a moment to write down what you learned.
 What will make the biggest difference in your life and career?
- What ideas, tools, examples, etc. will you continue to use? Which ones do you want to deepen in your understanding and practice?

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