Beyond Life Hacks: Big Ideas for the Future of Work and Life

It's time we move beyond the usual recommendations for work-life balance and highlight the big changes it will take to achieve this seemingly unattainable goal and end overwork for good.
How can we transform the way the workday is organized? What should "self-care" really look like? And what is the best way to overhaul racial and gender dynamics in American workplaces? The sooner we realize the answers will not arrive via pithy "life hacks" the better.

Join Slate and New America's Better Life Lab for a happy hour conversation to discuss these challenges and celebrate the launch of the Better Life Lab Channel's new home at Slate. In a lightning round panel, leading thinkers will share one big, bold idea for shattering assumptions about how to live a good life, followed by questions and conversations about what individuals, organizations, and policy makers can do to turn ideas into action.

PARTICIPANTS

Brigid Schulte @BrigidSchulte
Director, Better Life Lab, New America
Author, *Overwhelmed: Work, Love, and Play When No One Has the Time*

Andrew Solomon @Andrew_Solomon
President, PEN American Center
Author, *Far and Away: Reporting from the Brink of Change* and *Far From the Tree: Parents, Children, and the Search for Identity*

Pronita Gupta
Director, Job Quality, Center for Law and Social Policy (CLASP)
Former Deputy Director, Women's Bureau, U.S. Department of Labor

Kimberly Seals-Allers @lamKSealsAllers
Journalist and Author, *The Big Let Down: How Medicine, Big Business and Feminism Undermine Breastfeeding*

Katherine Goldstein @KGeee
Contributing Editor, Better Life Lab at Slate

**Beyond Life Hacks: Big Ideas for the Future of Work and Life**
Thursday, October 5, 2017
5:30 - 6:00 PM: Reception
6:00 - 7:00 PM: *Panel*

Interface, 140 W 30th Street, New York, NY 10001

Seating is available on a first-come, first-served basis. Follow the conversation online by using #BetterLifeLab and by following us at @NewAmericaNYC.

New America is dedicated to the renewal of American politics, prosperity, and purpose in the Digital Age. Our hallmarks are big ideas, impartial analysis, pragmatic policy solutions, technological innovation, next generation politics, and creative engagement with broad audiences.